

# Brick-By-Brick Program

A Lego building social club for neurodivergent children.



Brick Club is a space where children can relax, be themselves. Brick club is an accepting, respectful and playful space where children can have fun together and be included.

## About the Group Program

This six session fortnightly group program will be facilitated by psychologist Bridie Gray with the assistance of psychology students and a provisional psychologist. The Brick-by-Brick Program is a **play included** approach.

### It is designed to support:

- social interaction
- communication
- collaborative group skills
- friendship building
- confidence
- and decrease social isolation through meaningful play

In Brick Club we focus on what children **CAN** do, taking a positive and accepting attitude to challenges and differences, and building on children's strengths. The group provides meaningful social experiences and playful learning opportunities. At Brick Club we aim to reduce arousal through kind, calm interactions, avoiding confrontation, providing structure and developing empathy.



## Sign up

Please speak with your current clinician, the receptionist at Brighter Futures, use the contact us form on our website or call 3843 5739 to register for this group.

## Dates & Times

This six session fortnightly group program will be conducted on Saturday mornings at our Mount Gravatt East clinic. Each group will run for 1.5 hours. One 45 minute parent Zoom session will be held prior to the group's commencement for new parents to the program.

### Parent only Zoom information session:

Wed 17<sup>th</sup> July 2024 at 7-7:45pm

### Child sessions:

1. Sat 20<sup>th</sup> July 1. 2024 10:30am-12pm
2. Sat 3<sup>rd</sup> Aug 2024 10:30am-12pm
3. Sat 17<sup>th</sup> Aug 2024 10:30am-12pm
4. Sat 31<sup>st</sup> Aug 2024 10:30am-12pm
5. Sat 14<sup>th</sup> Sept 2024 10:30am-12pm
6. Sat 28<sup>th</sup> Sept 2024 10:30am-12pm

Parents are invited to attend the final group session on Sat 28<sup>th</sup> Sept at 11:45am (15 minutes prior to the group's conclusion) to view the children's final creations.

## Costs

- Costs. \$910 for the 7 session program (6 child and 1 parent session).
- Children will require an initial 1 hour appointment at our Mt Gravatt East clinic with psychologist Bridie Gray (at a cost of \$220) prior to group's commencement.
- Children with NDIS funding may be able to use their funding to pay for sessions.
- Please note the cost of the group is \$910 irrespective of whether you or your child attends every session.
- Payment can be made up front or in two instalments of \$455 across the group.